

RMSC February Qualifier
February 16-17, 2008
 Sanctioned by USA Swimming
 through Potomac Valley Swimming
 Sanction #PVT-08-xxxx

Meet Director	Christa Krukiel christa.krukiel@mongtomerycountymd.gov Dave Crocker gchsswim@aol.com
Location	<u>Saturday & Sunday, February 16-17</u> Martin Luther King Jr. Swim Center 1201 Jackson Rd. Silver Spring, MD 20904 301-989-1206
Dates and Times	<u>Saturday, Feb. 16</u> Warm-ups 1:15 PM, Meet Starts 2:00 PM <u>Sunday, Feb. 17</u> Warm-ups 6:00 AM, Meet Starts 6:45 AM
Eligibility	Open to invited athletes from RMSC, FGAC and TIBU. Swimmers will compete at the age attained on the first day of the meet. It may be necessary to limit entries due to time constraints. <u>Meet Director's note: Coaches should only enter swimmers who have legitimate chance to qualify for JOs.</u> <u>Entries will be cut in the event that sessions cannot be completed in the allotted time frame.</u>
Rules	Current United States Swimming rules will govern this meet. A contestant may enter no more than three events per session, totaling no more than six individual events for the meet. All events will be timed finals. No swimmer may compete in an event in which he/she has achieved a PVS Junior Olympic qualifying standard, for the age that they will be on February 28, 2008. For a list of these time standards, please see: http://www.pvswim.org/0708meet/41qt.pdf
Seeding	Seed times are short course yards. Positive check-in will be used at the meet manager's discretion, depending on the number of entries received. Information regarding check-in times will be available the week prior to the meet in the form of an e-mail to each participating club.
Inclusion Policy for Swimmers with a Disability	PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
Warm-up	The prescribed Potomac Valley warm-up procedures and safety policies will be followed. It may be necessary to assign lanes for warm-up. Information regarding assigned warm-ups will be available the week prior to the meet in the form of an e-mail to each participating club.
Timers	Clubs will be responsible for providing their fair share of timers, and will be assigned lanes by the meet manager.
Officials	Certified officials who wish to work at this meet should contact Bob Richardson at 301-570-9117, or bob@tomatoelectric.com .
Supervision	Coaches are responsible for the conduct of their swimmers, both at the meet and in the warm-up/warm-down area. Inappropriate behavior will result in suspension from the meet and from the MLK Swim Center.
Admission	There will be no admission charge. Heat sheets will be available for \$1.00 each.
Fees	Fees are \$4.00 per individual event.

Warning	Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100.00, and no further entries will be accepted from the club until that fine is paid.
Entry Procedures	<p>Computer disk entries require a meet entry report by SWIMMER and a report by EVENT from Team Manager. Also submit a completed "Entry Cover Sheet." Send completed entries, including the name and phone number of a club representative to:</p> <p>Christa Krukiel 5900 Executive Blvd. N. Bethesda, MD 20852</p> <p><u>E-mail procedures:</u> In the subject heading, write "RMSC Feb. Qualifier Entry - ****" (with club initials in place of ****). Include the entry file from Team Manager, as well as reports by SWIMMER and by EVENT (preferably as a Word for Windows document). Include total number of swimmers and total number of events, along with contact information (name, phone number, e-mail) of a club representative in the body of the e-mail. E-mail the entry to: christa.krukiel@montgomerycountymd.gov</p> <p>Send check, including "Entry Cover Sheet" to Christa Krukiel at the address below. Make checks payable to MCRD (Montgomery County Recreation Dept.). Each club is requested to remit one check to cover the entry fees of the entire team. Please do not send cash. Entry fees are due with entries.</p> <p>Meet Directors are requested to acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other than e-mail to confirm receipt.</p> <p>Send check for meet entry fee to: Christa Krukiel 5900 Executive Blvd. N. Bethesda, MD 20852</p> <p>Make checks payable to MCRD. Each club is requested to remit one check to cover the entry fees of the entire team. Please do not send cash. Entry fees are due with entries.</p>
Entry Deadline	<p>Entries are due by 5:00 PM on Tuesday, February 5, 2008.</p> <p>NOTE: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>
Late/Deck Entries	No late entries will be accepted. Deck entries will be accepted provided there is an empty lane available. A heat will not be created for a deck entry.
Session Re-Structuring Info	<p>Depending on the number of entries received, it may be necessary for the meet directors to re-structure the sessions in the following manners:</p> <ol style="list-style-type: none"> 1. 13-14, 11-12, and 10&U events may be combined into a 14&U event. The NFT times will still be applicable to the individual swimmers' age even if the events are combined. 2. Some or all heats of the 500 freestyle may be moved to the Saturday session. This may be necessary to get all swimmers in. If heats are moved, we will move heats containing older aged swimmers first, due to the potential conflict with the February Distance Meet. If a swimmer is moved to Sunday, he/she will still be allowed 3 additional events in the Sunday session. <p>Information regarding these changes will be available the week prior to the meet in the form of an e-mail to each participating club.</p>

Session 1
Saturday Program - February 16, 2008
Warm-up: 1:15 - 1:55 PM; Events: 2:00 PM

Girls Event	Event Description	Boys Event
1	10&U 200 free*	2
3	11-12 200 free*	4
5	13 & Over 200 free*	6
7	10&U 50 fly	8
9	11-12 50 fly	10
11	Open 200 breast*	12
13	10&U 50 back	14
15	11-12 50 back	16
17	Open 200 fly*	18
19	10&U 50 breast	20
21	11-12 50 breast	22
23	Open 200 back*	24
25	10&U 50 free	26
27	11-12 50 free	28
29	13 & Over 50 free	30
31	10&U 100 IM	32
33	11-12 100 IM	34
35	Open 400 IM#*	36

*Positive check in may be required depending on number of entries.

#This event will be swum fastest to slowest. Positive Check-in may be required, and will close at 2:00 PM.

Entries may be limited based on session time constraints.

Session 2
Sunday Program - February 17, 2008
Warm-up: 6:00-6:40 AM; Events: 6:45 AM

Girls Event	Event Description	Boys Event
37	13 & Over 200 IM*	38
39	11-12 200 IM*	40
41	10&U 200 IM*	42
43	13 & Over 100 free	44
45	11-12 100 free	46
47	10&U 100 free	48
49	13 & Over 100 breast	50
51	11-12 100 breast	52
53	10&U 100 breast	54
55	13 & Over 100 back	56
57	11-12 100 back	58
59	10&U 100 back	60
61	13 & Over 100 fly	62
63	11-12 100 fly	64
65	10&U 100 fly	66
67	Open 500 free#*	68

*Positive check in may be required depending on number of entries.

#This event will be swum fastest to slowest. Positive Check-in may be required, and will close at 7:00 AM.

Entries may be limited based on session time constraints.